Introduction to Sand Tray Therapy

Workshop Friday June 8, 2018

8:30 AM- 4:30 PM Samaritan Health & Living Center 311 W. High Street Elkhart, IN 46516

\$150 includes 5.5 CEUs for Psychologists, LCSWs, LMHCs, LMFTs, and LCACs

This workshop is designed to introduce the basics of using sand tray in clinical practice. Participants will develop a beginning understanding of this expressive therapy, and the power of using symbolic, right brained processes in our work. We will discuss how to set up and maintain a sand tray space and facilitate the process. Distinctions will be made regarding use of sand tray with children, adolescents and adults. Concepts will be presented and then experienced.



Heather Maritano, LCSW, Registered Play Therapy Supervisor (RPT-S)



Heather started her private practice in 1998, working with a variety of issues in individual and family therapy. She has clinical specialties in play therapy, sand tray therapy and supervision.

In addition to clinical work, Heather has extensive experience as an adjunct instructor, supervisor, workshop presenter and clinical

consultant wherein she helps emerging and seasoned therapists enhance their development through training and supervision.

Heather regularly practices her belief in the healing power of play and is particularly fond of dancing.

Check out http://www.elkhartsamaritan.org/TrainingEvent.en.html to register online

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Send Registration with Check payable to: Samaritan Health & Living Center 311 W. High St. Elkhart, IN 46516

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