

# Building Community Wellness

Help us meet the challenge



A place for healing and hope.

# Facts

- **The Elkhart County Community Health Assessment** in 2013, surveyed almost 300 health care providers and people from the community. Survey respondents identified mental health as *the* top issue not being addressed in Elkhart County. Of those surveyed, 86% identified lack of access to mental and behavioral health services as being significant or highly significant.
- **In 2012, the Indiana State Department of Health** found Elkhart to be a county that was lacking in mental health care providers.
- **Mental health disorders** affect 1 in 4 adults and 1 in 5 children.
- **Suicide** is the 3rd leading cause of death for ages 15-24 and the second leading cause in ages 25-34. After cancer and heart disease, suicide accounts for more years of life lost than any other cause of death.

# Our Heritage

The first Samaritan Center was founded in 1972 by physician Burton Kintner, MD, Pastor William J. Vamos and Reverend R.J. Ross. These progressive men wanted to treat the whole person-mind, body and spirit. Lee Martin, CEO of NIBCO in 1972, believed in their mission and financially made their vision a reality. **What started in Elkhart 43 years ago has grown to 80 Samaritan Center offices serving over 300 communities in the United States and Japan.**

Our heritage has many parallels with our future site at 311 W. High St. This house was built in 1872 for Elizabeth and Albert Beardsley as a wedding gift from Elizabeth's parents. They lived in the house for 38 years and experienced happiness, tragedy and healing. In 1910 the couple built and moved to Ruthmere, which was named after their only child Ruth.

Elizabeth Beardsley was very involved in helping her community. She started the book mobile program and was active in the League of Women Voters. Through the years, the building at 311 W. High St. has been the home for other not-for-profit organizations, including the League of Women Voters and The Four Arts Club.

**This beautiful historic house will once again be a central location contributing to the health and well-being of our community.**



**Hundreds of people who experience depression and anxiety come to the Samaritan Center every year to find healing and hope.**

**THOUSANDS MORE NEED OUR HELP.**



# How We Help

Andrea is a single, working mom who had found herself spiraling out of control. Her life had become filled with anxiety and depression. Andrea was having trouble sleeping, and her conflicts at work were increasing. She found herself barely able to interact with her four-year-old daughter and was considering quitting her job. Andrea's mental health troubles had crippled her life.

During her sessions at the Samaritan Center, Andrea has made great progress towards conquering her anxiety and depression. She has changed her lifelong pattern of unhealthy relationships and is tackling her struggles with low self-esteem. Andrea is now finding joy in being a mom and peace at work.



**Your gift will provide the Elkhart Samaritan Center with a place for relatives, friends and neighbors to heal.**

*EMDR (Eye Movement Desensitization and Reprocessing)—Providing deep and rapid healing from painful experiences*



*Play Therapy—Giving children safe ways to express their feelings*



*Group Therapy—Fostering healthy patterns of relating to others*



# Helping you say YES!

## What are Elkhart County's needs?

Elkhart County is badly in need of additional quality mental health services. In 2012 the Indiana State Department of Health listed Elkhart County as having a shortage of mental health providers. In 2013 IU Health listed mental health issues as the most under served need in Elkhart County.

## How Can the Samaritan Center help?

Increasing our physical space would allow the Samaritan Center to hire additional therapists and serve more people in need of mental health services. We will also expand our supervision program for graduate students and unlicensed therapists, dramatically increasing the number of well-trained mental health providers in our Elkhart County.

## Why does the Samaritan Center need to leave its current site?

Through the generosity of the First Presbyterian Church we have had a home for 43 years. However the Samaritan Center Institute recommends that an affiliated center needs to provide 5,000 to 10,000 clinical hours to be a healthy center. In the last nine months we have substantially increased our staff to achieve that goal, but we still need considerably more space and staff.

## Why is 311 W. High St. the right choice?

For more than 8 years we have searched for a new home for the Samaritan Center. We considered renovating the current site, building a new structure or purchasing an existing building. The moment we looked at the 311 W. High St. we felt like we had

finally found the perfect fit. The building has a unique history in downtown Elkhart, plus access to public transportation and plenty of parking. With renovations this building can easily meet all of the Samaritan Center's needs now and into the future.

## What is the clinical vision for our new location?

In addition to our usual high quality services, the Samaritan Center will implement new innovative therapies, including Group Therapy and EMDR (Eye Movement Desensitization and Reprocessing). We have also received a grant from the Community Foundation of Elkhart County to help provide nationally recognized educational opportunities for local therapists.

## What is the cost of the new building and how will it impact our annual budget?

For the Samaritan Center to purchase, renovate, equip and furnish 311W. High St., it will cost an estimated **\$780,000**. We anticipate approximately \$18,000 in annual increased facility cost for insurance, repairs and maintenance.

## How can you help the Samaritan Center?

We have been blessed with the successful Still Dancing Event, but we realize we can't rely on the event forever. We must be proactive to ensure the Samaritan Center stays vibrant in Elkhart and takes center stage again as the founding center. Your gift will move us toward achieving sustainability. It will also allow for more future fundraising to be applied towards fee assistance and not operations.



# Our Vision

- Minimum of 13 therapy rooms
- Administrative offices
- Reception room that is warm, inviting and secure
- Central site with plenty of parking
- Access to nearby public transportation
- Safety and sound proofing
- A setting that will still provide discretion



**Client entry/ west side**



**Staff entry/ back parking area**

# Staff

## Administrators

Randal J. Rhoad, CPA, CEO,

[rrhoad@elkhartsamaritan.org](mailto:rrhoad@elkhartsamaritan.org)

Katie L. Steele, Ph.D., CGP, HSSP, Clinical Director,

[drkatiesteele@elkhartsamaritan.org](mailto:drkatiesteele@elkhartsamaritan.org)

## Board of Directors

Brian Housand, President

Frank Lucchese, Vice-President

Lain Ruch Downs, Treasurer

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Linda Burns

Cindy Burns

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Mary Jo Sartorius

Karen Smith

Michelle Thomas

Meghan Wenger

Chuck Willour

## Innkeepers

Tom and Dottie Arnold

John Collins

Connie Fulmer

Ron and Connie Minzey

Jeff and Phid Wells

David and Nancy Smith



## Planned New Location

The Samaritan Center

311 West High Street • Elkhart, IN 46516

Telephone: 574-262-3597

